



# Epistle



No. 243  
June - July 2017



*Photo: Andrew Gregory, MDOC*

**James Logue: M45 JK Sprint, JK Overall,  
British Night and British Long Distance Champion!**

# EAST PENNINE ORIENTEERING CLUB

Serving Calderdale, Kirklees and Wakefield

## OFFICERS AND COMMITTEE 2016/2017

Chair	Jean Lochhead	<a href="mailto:jmloch1621@gmail.com">jmloch1621@gmail.com</a>
Vice Chair	Emma Harrison	<a href="mailto:eah1607@aol.com">eah1607@aol.com</a>
Secretary	Viv Barraclough	<a href="mailto:viv.barraclough@cantab.net">viv.barraclough@cantab.net</a>
Treasurer	David Morgan	<a href="mailto:d345morgan@btinternet.com">d345morgan@btinternet.com</a>
Epistle Editor	Emma Harrison	<a href="mailto:eah1607@aol.com">eah1607@aol.com</a>
Fixtures Secretary	Davey Averill	<a href="mailto:daveyaverill@live.co.uk">daveyaverill@live.co.uk</a>
Membership Secretary	Viv Barraclough	<a href="mailto:viv.barraclough@cantab.net">viv.barraclough@cantab.net</a>
Map Librarian	David Morgan	<a href="mailto:d345morgan@btinternet.com">d345morgan@btinternet.com</a>
Compass Sport Trophy	Rod Shaw	<a href="mailto:margrod123@gmail.com">margrod123@gmail.com</a>
Committee Members	Alistair Tinto	<a href="mailto:alistair.tinto@yahoo.co.uk">alistair.tinto@yahoo.co.uk</a>
	Paulette Noot	<a href="mailto:paulette@noots.net">paulette@noots.net</a>
	Pat Thorpe	<a href="mailto:nirvanalee@hotmail.co.uk">nirvanalee@hotmail.co.uk</a>
	Mike Thorpe	<a href="mailto:nirvanalee@hotmail.co.uk">nirvanalee@hotmail.co.uk</a>

## OTHER CLUB OFFICIALS

Club Coach	Viv Barraclough	<a href="mailto:viv.barraclough@cantab.net">viv.barraclough@cantab.net</a>
Club Championship	Vacant	
Club Kit Officer	Vacant	
Permanent Courses	Jean Lochhead	<a href="mailto:jmloch1621@gmail.com">jmloch1621@gmail.com</a>
Relay Organiser	Alistair Tinto	<a href="mailto:alistair.tinto@yahoo.co.uk">alistair.tinto@yahoo.co.uk</a>
Stores and Equipment	Scarf Family	<a href="mailto:thescarfs@hotmail.com">thescarfs@hotmail.com</a>
E-Punching Equipment	Ian & Julie Couch	<a href="mailto:iancouch@btinternet.com">iancouch@btinternet.com</a>
Website	Anthony Greenwood	<a href="mailto:aandrgreenwood@gmail.com">aandrgreenwood@gmail.com</a>
YHOA committee rep	David Morgan	<a href="mailto:d345morgan@btinternet.com">d345morgan@btinternet.com</a>

**EPOC WEBSITE** [www.eastpennineoc.org.uk](http://www.eastpennineoc.org.uk)

## EDITORIAL

It seems to have been a busy few months with the JK and British Championships attracting a number of EPOC members to both events. The YHOA Sprint Championships were hosted by EPOC in May with a good turnout at newly mapped Golcar.

Moving into June the next EPOC event is an urban event in Dewsbury, another new area for orienteering.

Looking ahead to the summer don't forget the Scottish 6 days and White Rose weekends, traditional holiday orienteering events. I'm also sure that some of you will be heading further afield to Europe for some multi-day events so have fun, wherever your summer takes you and I look forward to all your articles!

Finally, please make a note now of the EPOC AGM which will be on Wednesday 20<sup>th</sup> September at 8.00pm.

Emma Harrison

## CHAIRMAN'S CHAT

Since the last "chat" we have held the Yorkshire Sprint Championships at Golcar on 14 May. Competitors remarked that they enjoyed Rod's courses, Karen Poole was Organiser on the day and along with all the other experienced helpers made the event run smoothly. Having two events in one day made hard work for everyone involved but it was a success for both competitors and, financially!

Guy held his Fire Hydrant frolic on 23<sup>rd</sup> May and a mega amount of cheating went on from the Denby Dale A.C. members who deserve, if nothing else, full marks for initiative. Emma and Dick Spendlove played properly and were each awarded 1<sup>st</sup> place respectively.

We have an Urban event in Dewsbury on 11 June 2017. Infrastructure and permissions are all finalised but between booking the school and planning the courses an indecent amount of fences went up around and within the school meaning that there are gates to me manned as well as the Road crossings. I had a concern about being short of helpers but members have rallied round and we are now OK for helpers with some new faces.

Davey's Event Safety Workshop on Wednesday 3<sup>rd</sup> May 2017 means that all the attendees, who have been organising events happily for years, now have the necessary paperwork in place.

The Rishworth Moor event on 12 November is now looking more likely to be Langfield Common and we still need an Organiser!

*Jean Lochhead*

### **The EPOC Epistle is the club's bi-monthly newsletter**

All offerings to the Epistle, including photo's, are gratefully received, especially the unsolicited ones. Reports on small events are just as welcome as those on big events. It really helps if articles, photo's, reports, notices and gossip can be emailed directly to me at

[Eah1607@aol.com](mailto:Eah1607@aol.com)

Copy to Emma by 20 July 2017

Look forward to hearing from you!

### **Helping at an EPOC event?**

Don't forget you can have half price entry to any EPOC event when you help out at an event in some way. If you need to pre-enter an event the discount code is available from the event organiser to claim a helper discount!

### **Want to see how you rank on an unofficial BOF ranking list?**

And you can also compare yourself with any other runner who regularly runs the same course. Go to <http://oobrien.com/stats/index> and enter your name and club. Very impressive!

*Guy*

## What has your committee been doing?



### East Pennine Orienteering Club Summary of Committee Meeting Wednesday 17 May 2017 at 7pm Marsh Liberal Club



Unfortunately the minutes haven't been completed in time for the Epistle deadline but Viv will circulate them by email once they are ready.

There is no meeting in July so the next committee meeting will take place on Wednesday 20 September at 7.15am followed by the EPOC AGM at 8.00pm. Please make a note of the AGM on your calendar/phone now!

#### Treasurer's report for Epistle

Since the last Epistle the club has held one event – The YHOA Sprint Championships. This was held on a pair of new urban maps – Leymoor and Golcar. Financially it was a success though I am unable to finalise the accounts yet as the club is awaiting payment of the Pre-entry money from Fabian4.

Outwardly, the bank balance has reduced significantly due to a number of items. We have paid the YHOA affiliation fee and for our equipment insurance. We have also invested in more gripples (essential for control security especially at urban events) and now have a supply of water bottles for prizes.

One significant item of expenditure which we shall recoup is the print costs for a new supply of Ogden POC maps – this will be reimbursed by Calderdale Council.

Overall, excluding the one off cost of new IT equipment, I am hopeful that the club will just about break even this year, assuming a good turn-out at Dewsbury.

David Morgan 26/5/17

## Junior T-Shirts

### Viv Barraclough

If you would like a t shirt as below please let Viv know. If you have grown out of yours please pass it on.



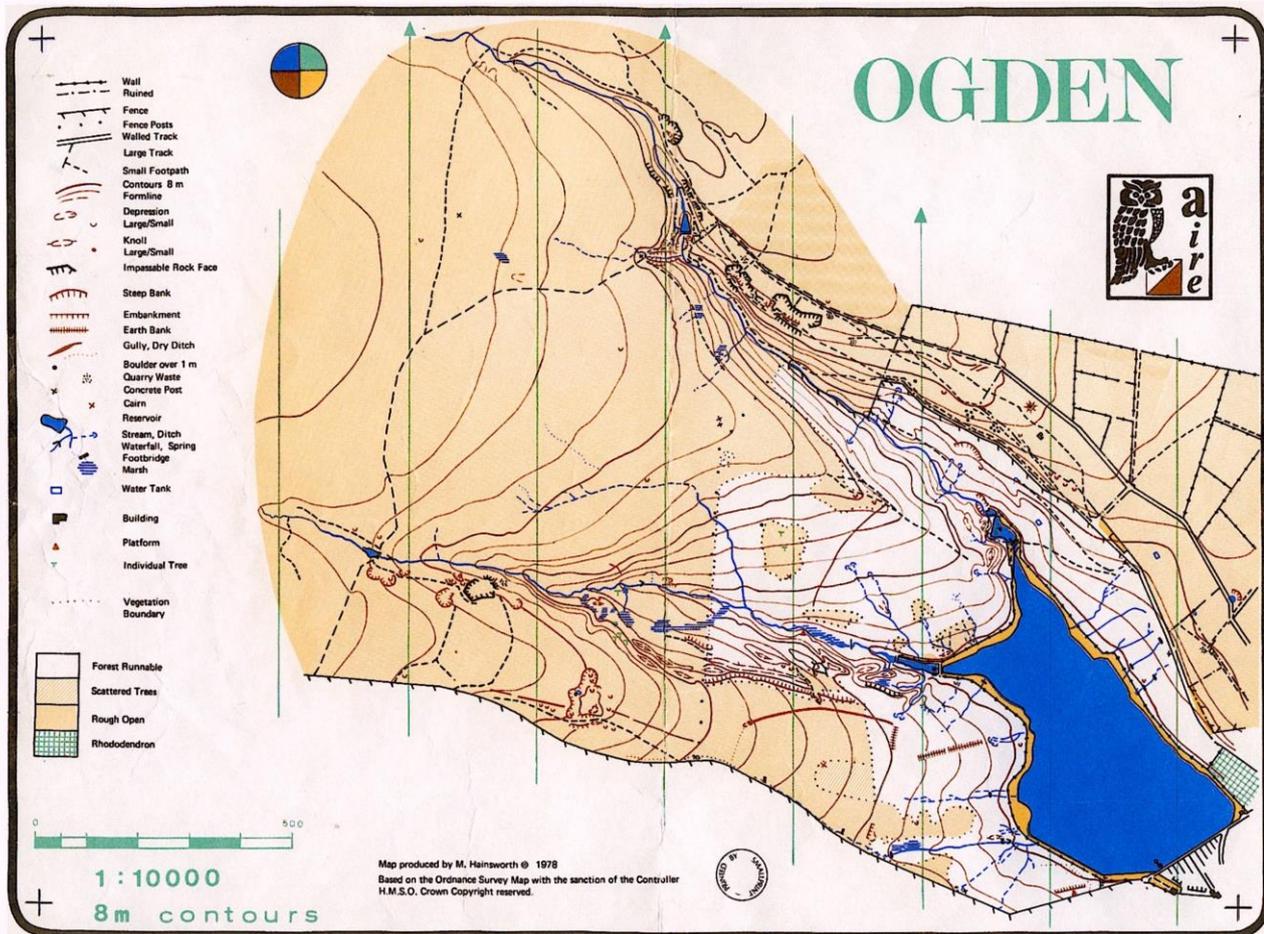
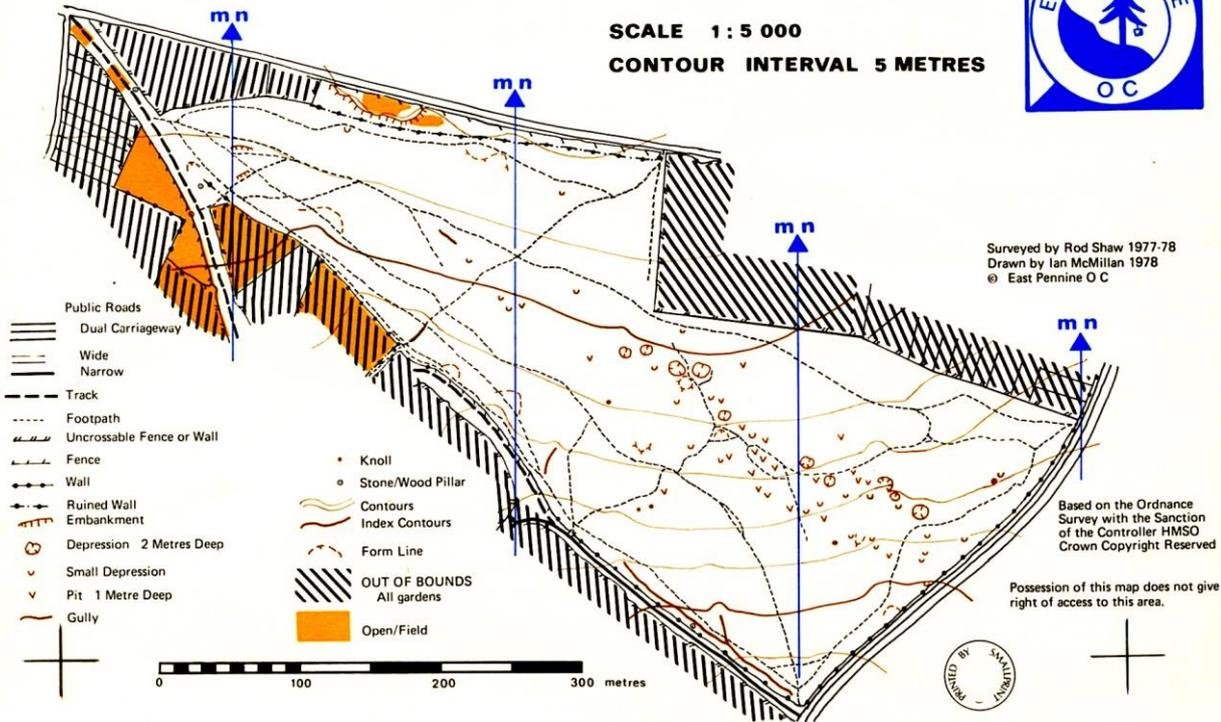
# Map Archive

Here are a couple more maps of EPOC areas dating back to 1978. It's hard to imagine anyone was ever able to complete a course when these maps are compared to the maps used now!

## UPPER FELL GREAVE



SCALE 1 : 5 000  
CONTOUR INTERVAL 5 METRES



## EPOC Rankings 2017

These are the current ranking positions (as of 30.5.17) of EPOC members aged second year M/W16 and over (ranking points are not awarded to first year M/W16 and younger).

<b>Pos.</b>	<b>Name</b>	<b>Points</b>	<b>Contributing scores</b>
1 (63 -3)	Alasdair Pedley	7999	1353, 1326, 1334, 1327, 1330, 1329
2 (84 -4)	James Logue	7928	1314, 1315, 1345, 1313, 1336, 1305
3 (141 -5)	Simon Martland	7776	1315, 1277, 1289, 1295, 1325, 1275
4 (195 -5)	Andy Thorpe	7659	1279, 1274, 1272, 1276, 1273, 1285
5 (240 -7)	Jonathan Emberton	7587	1263, 1261, 1297, 1252, 1256, 1258
6 (302 -6)	Mike Pedley	7488	1238, 1265, 1240, 1242, 1257, 1246
7 (678 -12)	Emma Harrison	7100	1182, 1181, 1176, 1180, 1188, 1193
8 (691 -36)	Richard Payne	7092	1164, 1239, 1171, 1181, 1175, 1162
9 (788 -17)	David Averill	7024	1166, 1176, 1155, 1151, 1180, 1196
10 (800 -16)	William Barraclough	7011	1135, 1189, 1156, 1198, 1169, 1164
11 (839 -14)	Graham Lloyd	6982	1150, 1154, 1169, 1175, 1183, 1151
12 (1067 -15)	Viv Barraclough	6817	1110, 1106, 1193, 1166, 1108, 1134
13 (1178 -16)	Sarah Pedley	6717	1110, 1129, 1089, 1122, 1119, 1148
14 (1278 -23)	Megan Harrison	6637	1106, 1095, 1089, 1094, 1127, 1126
15 (1398 -16)	Julie Couch	6534	1087, 1094, 1124, 1074, 1079, 1076
16 (1465 -19)	Laura Harrison	6494	1060, 1120, 1064, 1121, 1075, 1054
17 (1468 -19)	Ian Couch	6493	1061, 1097, 1061, 1073, 1064, 1137
18 (1723 -32)	Paul Jackson	6301	1053, 1040, 1061, 1059, 1025, 1063
19 (1780 -25)	Helen Pedley	6258	1025, 1034, 1085, 1089, 1011, 1014
20 (1919 -35)	Roy Lindsell	6151	1006, 1009, 1014, 1032, 1052, 1038
21 (1959 -33)	Phil Scarf	6117	1231, 1212, 1198, 1224, 1252
22 (2048 -35)	David Harrison	6036	998, 1014, 1002, 1005, 1005, 1012
23 (2092 -28)	Helen Martland	5983	1027, 967, 1022, 973, 961, 1033
24 (2157 -20)	Gill Ross	5900	976, 1003, 939, 972, 927, 1083
25 (2253 -26)	Keith Sykes	5822	976, 956, 987, 975, 979, 949
26 (2265 -34)	Jean Lochhead	5810	931, 967, 949, 962, 969, 1032
27 (2358 -30)	Guy Goodair	5701	937, 935, 978, 972, 929, 950
28 (2475 -80)	Neil Croasdell	5565	979, 919, 885, 970, 862, 950
29 (2484 -1222)	Richard Spendlove	5558	1128, 1119, 1050, 1157, 1104
30 (2603 -29)	Rod Shaw	5378	912, 982, 874, 876, 853, 881
31 (2628 -22)	Jane Payne	5346	863, 857, 909, 868, 975, 874
32 (2639 -21)	Jackie Scarf	5330	1112, 1054, 989, 1093, 1082

<b>Pos.</b>	<b>Name</b>	<b>Points</b>	<b>Contributing scores</b>
33 (2693 -22)	Mike Thorpe	5250	945, 861, 847, 852, 837, 908
34 (2783 -19)	Fred Ross	5087	889, 868, 795, 812, 858, 865
35 (2788 -17)	Judith Goodair	5073	888, 820, 806, 808, 826, 925
36 (2792 -17)	Rebecca Lloyd	5069	925, 838, 833, 812, 846, 815
37 (2890 -31)	Joanna Emberton	4893	786, 832, 759, 795, 848, 873
38 (2905 -30)	Jackie Page	4861	788, 841, 819, 817, 821, 775
39 (2913 -28)	Philip Thompson	4846	767, 733, 906, 823, 756, 861
40 (2956 -26)	Michael Wood	4772	703, 832, 742, 701, 931, 863
41 (2995 -36)	Juliet Morgan	4691	777, 802, 815, 847, 725, 725
42 (3187 -23)	Margaret Shaw	4256	658, 664, 855, 705, 658, 716
43 (3239 -19)	Esther Logue	4113	1089, 968, 1037, 1019
44 (3296 -37)	David Morgan	3967	583, 593, 640, 728, 699, 724
45 (3488 -26)	Brian Mellor	3498	939, 774, 896, 889
46 (3493 -24)	Bob Steeper	3481	870, 842, 872, 897
47 (3538 -24)	John Elliott	3357	861, 800, 828, 868
48 (3594 -22)	Matthew Tinker	3228	1057, 1098, 1073
49 (3704 -21)	John Rawden	2998	1010, 1017, 971
50 (3873 -26)	Alistair Tinto	2520	721, 906, 893
51 (3877 -25)	James Williams	2510	1238, 1272
52 (3881 -27)	Linda Hayles	2504	684, 951, 869
53 (3929 -23)	Karen Poole	2394	1216, 1178
54 (4040 -25)	Mathew Averill	2205	1165, 1040
55 (4351 -15)	Jane Hodgson	1688	802, 886
56 (4430 -17)	Sue Levinson	1468	539, 682, 247
57 (4913 -28)	Rod Sutcliffe	929	929
58 (5174 -25)	Graham Booth	701	701
59 (5289 -19)	Corinne Roberts	544	544
60 (5374)	Pat Thorpe	157	157

## UK Orienteering League 2017

Club positions as of 30<sup>th</sup> May 2017

<b>Rank</b>	<b>Club</b>	<b>Points</b>	<b>Contributing members</b>
1	BOK	4182	
2	OD	3862	

3 SYO 3842

4 WCO3461

5 **EPOC 3355** Andy Thorpe (M45), Adam Thorpe (M16), Philip Thompson (M80), Sarah Pedley (W16), Mike Pedley (M55), Helen Pedley (W55), Alasdair Pedley (M18), James Logue (M45), Megan Harrison (W18), Laura Harrison (W16), Emma Harrison (W45), Judith Goodair (W75), Guy Goodair (M80), Jonathan Emberton (M55), Julie Couch (W55)

### **Catering by Viv Barraclough**

Quality hot and cold food with emphasis on seasonal and local produce

Private Functions and Special Occasions  
Corporate Events and Business Lunches, Morning Coffee, Afternoon Tea,  
Dinner Parties and Ready Meals

Menus to suit your taste and budget

Tel: 01484 604527 or 07906 500541; Email: [viv.barraclough@cantab.net](mailto:viv.barraclough@cantab.net)

## **EVENT REPORTS AND RESULTS**

(a huge 'thank you' to Guy, as always, for sifting through and sending me all the results)

### **INTERLAND – 2 APRIL 2017**

#### ***Emma Harrison***

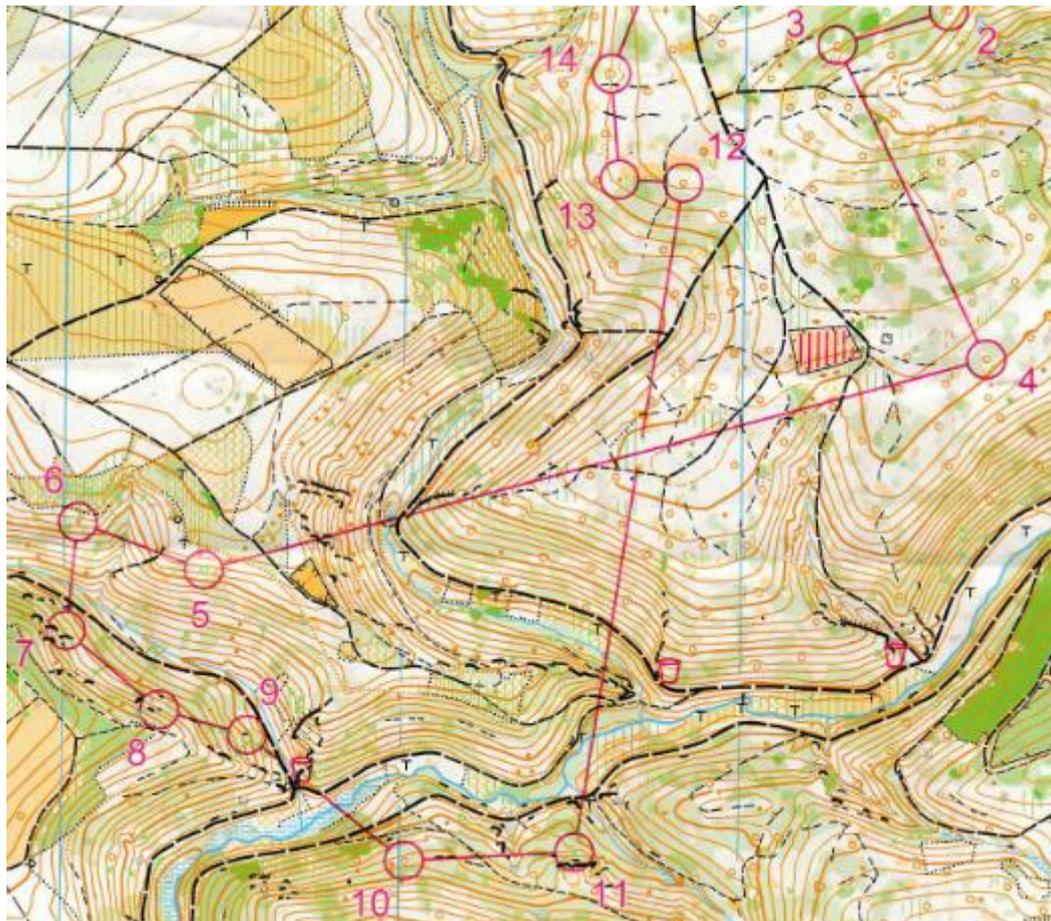
Interland is an annual competition between England, Belgium (French Speaking), Belgium (Flemish Speaking), Netherlands and Northern France with teams of 42 runners, 3 in each age group of M/W 14, 17, 20, Open, 40, 50, 60. The overall team result is based on the top 2 scores for each country in each age class, so a full team has 28 scorers.

Having been a reserve in 2016 and being called up to run I was curious to see if I could gain automatic selection in 2017, so I was delighted that my efforts at the selection races paid off and a letter landed on the doormat in January telling me I had been selected for the 2017 England team! Mike and Alasdair Pedley had been selected as reserves for their age classes and were invited to join the team as travelling reserves.

The event was slightly later this year and it was good to have the benefit of longer daylight and warmer weather. The event was held in the Ardennes region of Belgium and the team met on Friday for the long coach journey with a stop off just into Belgium on the Friday night (although the Pedley's chose to travel independently and flew out to Belgium meeting the team on Saturday). On Saturday we had the chance to have a look round the town of Namur with its quaint shopping area, busy market and impressive citadel. We then drove further south for the training event which gave an opportunity to get a feel of the sort of area we would be running on and the mapping. I took the event steadily but managed to get quite confused with some vague vegetation mapping in places.

The Interland event was a contrast to the area used in northern Belgium last year, I had no idea Belgium had such steep valleys! The area was very physical and I was cautious of the vegetation

again. I set off steadily but managed to overshoot number 1 and lost a short amount of time. I took 2 cleanly but then veered off bearing to number 3 (round the vegetation again!). I fortunately re-located quickly wasting maybe a minute but made a mental note to myself to concentrate a bit better and stick with safe routes. There was a long leg from 4-5 and then again from 11-12 with a significant amount of unavoidable climb on both legs. I took the rest of the course cleanly although I found it very physical but I did manage a final push when I caught up another England W40 by 10 minutes at the penultimate control just beating her to the finish. I managed 4<sup>th</sup> overall which was an improvement on last year, but more surprisingly I was the first English W40 having beaten my team mates by 8 and 10 minutes. As the purpose of the event is for the team, it was great that England won the overall competition and also the Junior trophy. All in all a successful and enjoyable weekend.



W40/M17

### Results

#### Interland

W40 6.0km, 310m

4 Emma Harrison 71.12

#### Public Race

Noir Tres Long - 9.5km, 470m

1 Alasdair Pedley 77.52

H:4 - 6.3km, 310m

8 Mike Pedley 67.19

### HALO Level C Event & Yvette Baker Cup, Primrose Hill - 2 Apr 17

#### Light Green (3.7km, 35m)

26 Jackie Page 60.32

#### Green (4.6km, 50m)

13 Laura Harrison 39.48

23 Paul Jackson 43.21

44 Guy Goodair 55.28

45 Gill Ross 55.42

49 Fred Ross 60.02

51 Jane Payne 61.35

54 Judith Goodair 64.54

#### Blue (6.2km, 70m)

13 Richard Payne 47.39

19 Megan Harrison 52.59

25 Roy Lindsell 61.11

26 David Harrison 61.35

**EBOR Spring Urban, Haxby - 8 April 17****Urban 2.6km 14c**

21 Guy Goodair	26.48
25 Sue Levinson	30.54
32 Neil Croasdell	34.08
36 Judith Goodair	40.11

**EBOR YHOA Championships, Stoney Moor - 9 April 17****Short Blue 3.8km 125m**

3 Richard Payne	47.39
4 Emma Harrison	48.34
6 Ian Couch	51.20
8 Megan Harrison	52.48
20 Helen Martland	100.25

**Green 3.5km 120m**

4 Julie Couch	62:06
8 Laura Harrison	74:42
13 Fred Ross	84:21
Roy Lindsell missed 10 - 15	

**Short Green 3.1km 85m**

6 Michael Wood	69:33
12 Gill Ross	87.29
13 Guy Goodair	93:56
15 Corinne Roberts	105:35
2 Jane Payne	134:27

**Very Short Green 2.5km 100m**

2 Judith Goodair	75:04
------------------	-------

**SEOA JK International Weekend 14 to 17 April 17****Sprint Event, Brunel University - 14 Apr 17****M12**

m3-18 Euan Logue	18:13
------------------	-------

**M16**

30th Adam Thorpe	18:52
------------------	-------

**M18E**

5th Alasdair Pedley	17:01
---------------------	-------

**M45**

1st James Logue	15:29
29th Andy Thorpe	18:53
87th David Harrison	28:18

**M50**

63rd David Averill	19:38
--------------------	-------

**M55**

8th Mike Pedley	16:12
-----------------	-------

**M70**

46 David Morgan	26:32
-----------------	-------

**M80**

1st Guy Goodair	16:49
-----------------	-------

**W14**

33rd Anna Thorpe	28:40
------------------	-------

**W16**

13th Sarah Pedley	19:43
-------------------	-------

24th= Laura Harrison	22:41
----------------------	-------

**W18E**

26th Megan Harrison	25:43
---------------------	-------

**W45**

9th Emma Harrison	17:31
-------------------	-------

**W55**

27th Helen Pedley	17:46
-------------------	-------

**W70**

12 Juliet Morgan	19:36
------------------	-------

**W75**

1st Judith Goodair	16:37
--------------------	-------

**Day 2 Middle Distance - 15 Apr 17/Day 3 Long Distance - 16 Apr 17****M16A**

23 Adam Thorpe	33:44 (23)	65:49 (26)	99:33
----------------	------------	------------	-------

**M18E**

7 Alasdair Pedley	27:01 (8)	76:57 (10)	103:58
-------------------	-----------	------------	--------

**M45L**

1 James Logue	33:57 (1)	67:00 (1)	100:57
---------------	-----------	-----------	--------

9 Andy Thorpe	38:59 (11)	75:39 (9)	114:38
---------------	------------	-----------	--------

**M45S**

23 David Harrison	63:30 (24)	112:34 (26)	176:04
-------------------	------------	-------------	--------

**M50L**

36 David Averill	49:23 (62)	86:25 (28)	135:48
------------------	------------	------------	--------

**M55L**

20 Mike Pedley	38:23 (22)	73:57 (21)	112:20
----------------	------------	------------	--------

**M70L**

Ian Couch	44:36 (35)	m1-19	-
Fred Ross	56:00 (52)	-	-

**M70S**

14 David Morgan	52:34 (15)	91:56 (22)	144:30
Fred Ross	-	74:23 (15)	-

**M80**

7 Guy Goodair	35:06 (6)	76:29 (6)	111:35
8 Philip Thompson	41:12 (9)	88:19 (9)	129:31

**W14A**

37 Anna Thorpe	37:41 (31)	61:39 (43)	99:20
----------------	------------	------------	-------

**W14B**

Maebh Logue	rtd	51:22 (4)	-
-------------	-----	-----------	---

**W16A**

10 Sarah Pedley	28:03 (10)	57:46 (11)	85:49
24 Laura Harrison	33:39 (22)	76:31 (27)	110:10

**W18E**

28 Megan Harrison	39:05 (31)	86:09 (25)	125:14
-------------------	------------	------------	--------

**W45L**

7 Emma Harrison	40:57 (9)	70:22 (9)	111:19
Esther Logue	51:20 (27)	m2-4 rtd	-

**W55L**

13 Julie Couch	39:05 (11)	77:40 (16)	116:45
28 Helen Pedley	49:11 (35)	80:43 (22)	129:54

**W65L**

23 Gill Ross	45:40 (24)	94:02 (24)	139:42
--------------	------------	------------	--------

**W70L**

18 Juliet Morgan	42:42 (19)	90:24 (15)	133:06
------------------	------------	------------	--------

**W75**

6 Judith Goodair	33:17 (1)	84:53 (7)	118:10
------------------	-----------	-----------	--------

**Light Green**

Mathew Averill	25.02 (5)	48.30 (15)	
----------------	-----------	------------	--

**SYO Parkwood Springs - 29 Apr 17****Green** (length 4.2km, 16 controls)

16 Neil Croasdell	68:01
18 Jackie Page	79:01

**AIRE Regional Event, Danefield - 30 Apr 17****Brown 7.35km 360m**

2 Alasdair Pedley	55.30
-------------------	-------

**Blue 5.27km 220**

2 Jonathan Emberton	47:05
7 Mike Pedley	49:57
18 Richard Payne	55:28
19 Emma Harrison	57:05
27 Megan Harrison	59:55
50 Paul Jackson	78:24

**Green 4.1km 180m**

37 Roy Lindsell	65.25
38 Mick Wood	67.18
46 Mike Thorpe	84.52

**Short Green 2.35km 110m**

19 Jo Emberton	37.19
26 Jane Payne	42.08
29 Philip Thompson	45.33
32 Judith Goodair	46.40
36 Guy Goodair	50.33

**Light Green 3.225km 130m**

20 William Martland	51.40
---------------------	-------

**Orange 3.12km 75m**

7 Pat Thorpe	83.59
--------------	-------

## **MDOC British Long Distance Championships, High Dam - 6 May 17**

<b>M16A 6.6km 325m</b>		<b>W14A 3.9km 135m</b>	
11th Adam Thorpe	72:48	26th Anna Thorpe	70:46
<b>M18E 9.9km 500m</b>		<b>W16A 5.1km 255m</b>	
4th Alasdair Pedley	92:29	6th Sarah Pedley	64:03
<b>M45L 8.2km 460m</b>		14th Laura Harrison	77:23
1st James Logue	71:50	<b>W45L 6.3km 325m</b>	
Andy Thorpe	rtd	11th Emma Harrison	84:22
<b>M50L 8.1km 415m</b>		<b>W50S 4.3km 165m</b>	
5th Simon Martland	80:34	9th Rebecca Lloyd	97:44
<b>M55L 7.6km 397m</b>		<b>W55L 5.5km 270m</b>	
12th Jonathan Emberton	85:18	12th Julie Couch	77:35
15th Mike Pedley	88:42	25th Helen Pedley	87:29
31 <sup>st</sup> Graham Lloyd	113:10		
<b>M65L 5.9km 305m</b>			
11th Richard Payne	76:31		
<b>M70L 5.4km 285m</b>			
32nd Paul Jackson	89:37		
<b>M80 3.7km 150m</b>			
3rd Philip Thompson	90:07		

## **Paris City Race – 6 & 7 May 2017**

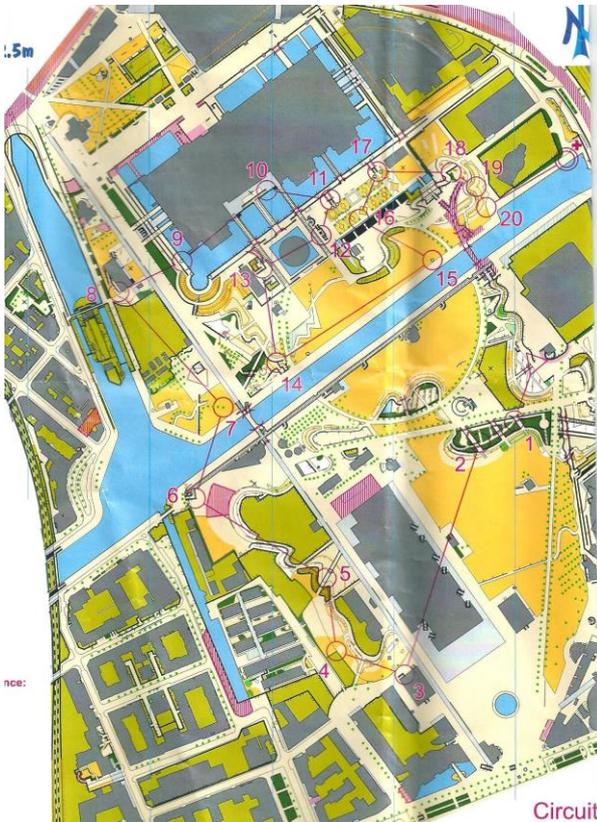
### **Gill Ross**

Since watching a video, possibly over a year ago, of a Paris urban event we decided that if another event in Paris came up we would do our best to go. So on Friday 5<sup>th</sup> May we found ourselves on a very efficient train journey from Wakefield to Paris a total of 5¼ hours station to station. Great for us as we only live 30 minutes walk from Wakefield station.

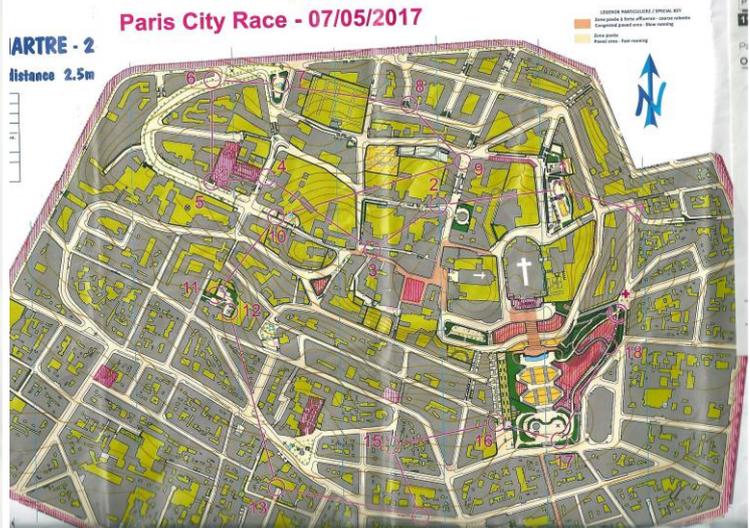
The Saturday event was in Parc de la Villette which is a highly complex and technical area of multi level gardens, bridges, buildings, steps and a wide canal. It is also a very popular park with many families enjoying the facilities, great to see but a little frustrating on the narrow stairways. I personally lost about 7 minutes on control 2 (40 metres as the crow flies from no. 1) which was tucked away in a corner and only accessed from one side and not visible until you were approaching. Trying to find that control I returned to my first control twice (which was difficult to find again) before sorting myself out. Several smaller mistakes followed but I think that most people had problems somewhere on the course. It was certainly a great area for orienteering and would recommend it if the opportunity came up again.

On Sunday we were competing in the Montmartre area around the Sacré Coeur. This area was less technical but far more physical with plenty of steep steps. It didn't help that the weather was a bit damp and drizzly making the steps and cobbles slippery. The best approach seemed to be to decide how to get to the next control avoiding steps wherever it was possible. We were happy to have early runs as even then the tourists were out and about. No doubt some will find a very tired grey haired ultravet in their photos of that famous cathedral.

It was a great weekend, even though the weather could have been better it didn't spoil anything or the enjoyment. Paris is so easily accessed by Eurostar that I'm sure we would orienteer there again.



Day 1 – Men's Ultra Vet



Day 2 – Women's Ultra Vet



Gill in 2<sup>nd</sup> Place

**Results**

**Middle Distance, Parc la Villette - 6 May 17**

**Womens Ultravet 2.1km**

6 Gill Ross	39.10
9 Judith Goodair	41.19

**Mens Ultravet 2.3km**

11 Neil Croasdell	43.08
12 Guy Goodair	45.06
17 Fred Ross	51.58

**Long Distance, Montmartre - 7 May 17**

**Womens Ultravet 2.8km 115m**

2 Gill Ross	41.07
5 Judith Goodair	45.27

**Mens Ultravet 3.2km 135m**

9 Guy Goodair	45.42
17 Neil Croasdell	59.42
18 Fred Ross	60.14

## YHOA SPRINT CHAMPIONSHIPS – 14 MAY 2107

### **Rod Shaw - Planner**

I don't do many urban events but I couldn't resist planning an event in my home village. Richard had produced an excellent map slightly larger than A3. This included Wellhouse with 3 paths and a dangerous road linking it to Golcar, an interesting picnic site called Appleyard and Scar House Woods. Finally these areas were rejected, Appleyard was a quagmire in February, I couldn't persuade the controllers they'd be OK by May! The final maps on 2 A4's scale 1:4000 with hardly any overlap seemed OK. The Leymoor map could easily fit a 3km course. On the Golcar map I struggled to get a 2km course. Anything longer would have unacceptable ascent. I also struggled to have a decent junior course, too short and too easy. I had to meet safety rules for under 16's.

The Leymoor map had an intricate network of paths which the A course visited 3 times. The rest of the area was rather straightforward. The Golcar map was more challenging with its famous ginnels but the area is very small and a lot of the back streets are dead ends.

On the day the alarm was set for 4am and the first controls out by 5. All the morning controls out by 7.30 before starting on the final controls. These took a bit longer with the finish in place with the start under way. We did have some problems with access. Some competitors had verbal abuse on one ginnel. On another ginnel when we were putting out a control a local gentleman said it was private, after heated discussion he allowed us to use it "this once." On another ginnel a local cut the gripple and left a note, "Ask next time." On all these ginnels there was no indication that they were private and in all the considerable time I'd spent clearing vegetation from these ginnels no one had told me they were private ginnels!

Margaret worked with me all day. She left to do a road crossing for the juniors when I enjoyed myself taking photos. Thanks to Richard and Viv for collecting some controls but we didn't get them all in until 6pm. It's not easy planning what was really two events on one day!

Thanks to Richard for excellent maps and the long suffering controllers, David & Juliet Morgan



**Judith Goodair**  
**Women's Hyper Vet Sprint Champion**



**Karen Poole**  
**Women's Vet Sprint Champion**

*Photo's: Rod Shaw*

**EPOC YHOA Sprint Championships, Leymoor & Golcar - 14 May 17**

	Prologue	Final	Overall
<b>Course A - Mens &amp; Womens Open, Men's Vet</b>			
4 <sup>th</sup> Simon Martland	18.44(4)	14.45 (4)	33.39
13 <sup>th</sup> Will Barraclough	22.09(13)	17.48(14)	39.57
20 <sup>th</sup> Megan Harrison	26.49(21)	21.15(20)	48.04
<b>Course B - Womens Vet, Men &amp; Womens Supervet</b>			
2nd Jonathan Emberton	16:02(3)	14:58(1)	31:00
3rd Mike Pedley	15:37(1)	16:04(5)	31:41
5th Karen Poole	16:45(7)	15:46(4)	32:31
12th Viv Barraclough	18:24(15)	16:30(9)	34:54
17th Emma Harrison	18:26(17)	17:51(18)	36:17
36th Joanna Emberton	36:06(38)	39:59(37)	76:05
37th Helen Martland	41:59(39)	42:42(38)	84:41
<b>Course C - Men &amp; Womens Ultravet, Men &amp; Womens Hypervet</b>			
15 <sup>th</sup> Keith Sykes	24.12 (19)	18.18(15)	42.30
18 <sup>th</sup> Guy Goodair	23.53 (18)	20.17(23)	44.10
21 Jane Payne	25.46 (22)	20.53(24)	46.39
26 <sup>th</sup> Judith Goodair	31.29 (27)	25.50 (27)	57.28
27 <sup>th</sup> Fred Ross	31.56 (28)	26.01 (28)	57.57
Richard Payne	17.05 (nc)	dns	
Sue Levinson	rtd	dns	
<b>Course D - MJ,MYJ</b>			
4th William Martland	12:55(4)	12:01(4)	24:56
6th Luke Barraclough	17:58(6)	12:50(6)	30:48
7th Joseph Barraclough	23:02(8)	23:42(7)	46:44

**CLOK Regional, Sneaton Forest - 14 May****Green**

Mick Wood                      rtd      (97.18)

**BAOC Military League North, Marne Barracks - 17 May 17****Light Green 4km 40m**

11 Neil Croasdell      51:37  
 13 Guy Goodair        56:19  
 15 Sue Levinson       58:29  
 17 Stephen Warner    60:33  
 18 Judith Goodair     61:40  
 23 Philip Thompson   70:29

**Blue 7.5km 60m**

11 Davey Avrill                      55:38

**SOS Ultrasprint Event, Maldon Promenade Park - 20 May 17**

Pos	WUV	Prologue A	Prologue B	Prologue C	Total
1st	Gill Ross	11:38 (1)	11:59 (1)	13:26 (2)	37:03

**MUV**

7th Fred Ross      17:30 (8)    13:54 (7)    13:06 (7)    44:30

**Final****WUV**

1 Gill Ross                      17.37

**MUV**

7 Fred Ross                      19.20

**SYO Local Event, Graves Park - 20 May 17****Short Green** (length 3.3km, climb 120m, 15 controls)

4 Jackie Page                      60:54

### PFO Peel Park & The Coppice - 21 May 17

#### Blue 6.1km 230m

3 Richard Payne 64.18

#### Green 4.1km 155m

16 Mick Wood 97.03

#### Orange 2.6km 100m

3 Pat Thorpe 121.13

#### Short Green 2.9km 95m

6 Judith Goodair 53.57

8 Neil Croasdell 55.17

9 Jane Payne 59.43

10 Guy Goodair 63.49

11 Mike Thorpe 68.03

### DVO EM League, Calke Abbey - 21 May 17

Short Green (length 3.7km, climb 65m, 14 controls)

mp Philip Thompson 78:52 Missing no 11

### SOS UK Urban League, Colchester - 21 May 17

#### Mens Ultra Vet 4.9km 70m

9 Fred Ross 72.03

#### Womens Ultravet 3.8km 50m

1 Gill Ross 44.58

### CLARO UK Urban League, Wetherby - 28 May 17

#### Course 1 6.8km 95m

Davey Averill w1 58.32

#### Courae 2 5.8km 85m

1 Simon Martland 43.50

26 Megan Harrison 67.52

29 David Harrison 72.16

#### Course 3 4.9km 55m

14 Emma Harrison 52.42

#### Course 4 4.2km 55m

5 Richard Payne 43.47

12 Dick Spendlove 48.16

26 Keith Sykes 54.35

47 Fred Ross 73.52

#### Course 5 3km 30m

6 Guy Goodair 47.04

9 Gill Ross 52.08

21 Sue Levinson 72.36

Jane Payne m4 50.26

#### Course 6 2.5km 30m

1 Judith Goodair 42.33

#### Course 7 3km 55m

5 Laura Harrison 37.03

8 William Martland 43.47

### Springtime in Shropshire- 27 to 29 May 17

	Day 1 Long Mynd	Day 2 Nash Woods	Day 3 Brampton Bryan
<b>M16</b>			
Adam Thorpe	47.25 (7)	49.27 (5)	50.41 (4)
<b>M55L</b>			
Jon Emberton	47.25 (4)	50.05 (3)	54.21 (4)
<b>M65S</b>			
Neil Croasdell	64.15 (15)	98.36 (12)	67.32 (16)
<b>M70L</b>			
Roy Lindsell	65.15 (18)	104.44 (18)	dns
<b>M75L</b>			
Rod Shaw	48.52 (4)	78.52 (9)	59.01 (11)
Mike Thorpe	69.53 (14)	82.01 (11)	59.54 (12)
<b>M80</b>			
Phil Thompson	57.37 (1)	86.22 (2)	57.46 (2)
<b>W14</b>			
Anna Thorpe	47.29 (3)	77.45 (3)	70.39 (2)
<b>W50L</b>			
Linda Hayles	67.37 (12)	99.01 (17)	112.05 (18)
<b>W55S</b>			
Jo Emberton	59.32 (3)	83.08 (2)	60.33 (2)
<b>W65L</b>			
Maggie Shaw	72.10 (28)	90.27 (18)	65.05 (27)

## EBOR Yorkshire Urban League, York City - 29 May 17

### Course A 5.4km

4 Simon Martland	44.04
16 Davey Averill	53.40
33 Graham Lloyd	59.44

### Course B 4.1km

12 Emma Harrison	39.25
52 Helen Martland	48.55
91 Alistair Tinto	74.46
94 Rebecca Lloyd	81.37

### Course C 3.1km

4 Richard Payne	32.29
15 Guy Goodair	40.24
30 Keith Sykes	45.37
31 Gill Ross	45.53
52 Stephen Warner	52.23
55 Jackie Page	54.37
59 Judith Goodair	58.46
61 Fred Ross	61.42
65 Jane Payne	64.06
73 Sue Levinson	82.20

### Course D 2.9km

19 Laura Harrison	26.55
23 William Martland	29.34

## YHOA URBAN LEAGUE – 2017

Details at [www.yhoa.org.uk](http://www.yhoa.org.uk)

Best 6 out of 11 races to score. Remaining Events

5	EPOC	Dewsbury	11-Jun	
6	HALO	Hull	24-Jun	
7	HALO	Hull City	25-Jun	UKUL11
8	AIRE	Peel Park & Lister Park	08-Jul	
9	AIRE	Bradford	09-Jul	UKUL12
10	SYO	Sheffield	03-Sep	
11	EBOR	Selby	15-Oct	

## YHOA SUPER LEAGUE - 2017

Details at [www.yhoa.org.uk](http://www.yhoa.org.uk)

Remaining League Dates 2017

27 Aug 17	EBOR White Rose Weekend (B) – Pickering
17 Sep 17	AIRE Dales Weekend Day 2 (B) – Malham Moor
29 Oct 17	HALO (C) – Humberside
12 Nov 17	EPOC (B) – Rishworth Moor
17 Dec 17	SYO (C) – Blackamoor, Sheffield

## FIXTURES – June to August 2017

A complete list of fixtures can be found on the BO website

[www.britishorienteeing.org.uk](http://www.britishorienteeing.org.uk)

Date	Club/Region	Type/Area	Location
------	-------------	-----------	----------

### June

3	YHOA	The Threshfield Challenge – Trail O	Grassington
4	YHOA	The Threshfield Challenge – Trail O	Grassington
4	SYO/YHOA	Regional Event and YHOA Schools Champs, Treeton	Sheffield
<b>11</b>	<b>EPOC</b> 	<b>Dewsbury Urban Event</b>	<b>Dewsbury</b>
17	NOC/EMOA	East Midlands Sprint Champs, The Meadows	Nottingham
17	SELOC/NWOA	North West Sprint Champs, Skelmersdale	Skelmersdale
18	LEI/EMOA	EM Urban League, Loughborough University	Loughborough
18	SELOC/NWOA	UK Urban League, Queens Park/Bolton School & Horwich Centre	Horwich & Bolton
24	HALO/YHOA	Hull City of Culture Weekend Day 1 Tri-O	Hull
25	HALO/YHOA	Hull City of Culture Weekend Day 2 Hull City Race	Hull

### July

2	DVO/EMOA	Longstone Moor	Buxton
8	AIRE/YHOA	Fat Rascal Weekend, Peel Park/Lister Park	Bradford
9	AIRE/YHOA	Fat Rascal Weekend, Bradford	Bradford
30 - 31	SOA	Scottish 6 Days	Royal Deeside

### August

1 - 5	SOA	Scottish 6 Days	Royal Deeside
20	LOG/EMOA	Lincoln City Race	Lincoln
25 - 28	EBOR/YHOA	White Rose Weekend	Helmsley

Check with club and/or BO websites for further information about an event. Club websites can be found via the BO website (details above).

### WEDNESDAY WRINKLIES COUNTRY RUN & WALK

Usually at 10am but sometimes 9.30am. We move around the hills and dales keeping out of towns. The runners do about 1 ½ to 2 hours while the walking group aim for around 2 to 2 ½ hours, don't slouch but aren't aggressive either. The run/walk usually ends up with a pub lunch. Contact Jackie Page 01484 316170 or Roland Sansom 01484 862475. Alternatively email either Jackie or Roland to put your name on the mailing list which goes out each weekend with the following Wednesday's details.